Jack L. Siegel, MD, FAAOS James E. Dowd, MD, FAAOS Nicholas A. Midis, MD, FAAOS Kevin F. Bonner, MD, FAAOS Louis C. Jordan, MD, FAAOS Samuel P. Robinson, MD, FAAOS

Louis R. Jordan, MD, Emeritus David B. Young, MD; Emeritus



Joseph S. Gondusky, MD, FAAOS Justin W. Griffin, MD, FAAOS Jeffrey J. Laurent, MD, FAANS David A. Vincent, MD, FACS, FAANS Parker W. Babington, MD, FAANS Scott I, Horn, DO David S. Levi, MD Ryan C. Coy, MD lim McNamara, CEO

ORTHOPEDIC SURGERY • SPORTS MEDICINE NEUROSURGERY • PHYSICAL MEDICINE & REHABILITATION

Welcome to the Jordan-Young Institute for Orthopedic Surgery, Sports Medicine, Neurosurgery, and Physical Medicine & Rehabilitation. Thank you for choosing us to serve your orthopedic needs. It is our pleasure to assist you in improving your quality of life with medical and surgical options that will maximize your mobility and minimize your pain.

In this packet, you will find both information about our practice and forms you must complete for us to assist in your care. Please read these forms carefully and fully complete each one prior to your appointment. In addition to these completed forms, you will need to bring the following to your appointment:

- Your current insurance cards
- Photo identification
- A referral from your primary care physician, if required by your insurance carrier
- Films and reports from any pertinent diagnostic testing, such as x-rays, MRIs, EMGs, CT scans, and bone density studies
- Any co-payment and deductible payments that your insurance coverage holds you responsible for to receive care. We accept cash, check, VISA, MasterCard, Discover and American Express. Your appointment will be rescheduled if you cannot pay your co-pay before being seen.

PLEASE PLAN TO ARRIVE 30 MINUTES PRIOR TO YOUR SCHEDULED APPOI NTMENT TIME so that we can

complete your registration, medical record and x-rays prior to your appointment with the physician. Even if you bring x-rays or other diagnostic tests with you, our physicians may require additional films to be taken in our office. Dress in comfortable clothing that will allow your physician to easily view the injured or painful areas of your body. While your physician strives to maintain a timely office schedule ; please realize that some wait time may occur. Our physicians will give each patient the time necessary to understand their illness or injury and the options available for treatment.

If you have additional questions about our practice, our providers or your appointment, please visit our website at <u>www.Jordan-YoungInstitute</u>.com. Our office number is (757)490-4802.



DIRECTIONS TO JORDAN-YOUNG INSTITUTE

5716 Cleveland Street, Virginia Beach, VA - (757)490-4802 - www.Jordan-YoungInstitute.com

Jordan-Young Institute is located on <u>Cleveland Street off Newtown Road</u>. Cleveland Street from the Pembroke area ends at Clearfield. There is no direct roadway to Jordan Young Institute on Cleveland Street coming from the east.

FROM NORFOLK/PORTSMOUTH

- Take 264 East
- Exit toward 1-64 E/Chesapeake/Newtown Road
- Take Newtown Road (Exit 15B stay to the right when exiting)
- Left on Newtown Road. Go down three traffic lights.
- Right onto Cleveland Street (Patient First is on the corner)
- Jordan-Young Institute is first business building on the left (the name is on building)
- Our office is on the second floor
- Please note Dr. Horn & Dr. Levi's office is on the 1st floor Suite 140

FROM THE BEACH

- Take 264 West
- Exit Newtown Road (Exit 15)
- Turn right onto Newtown Road.
- Turn right onto Cleveland Street (Patient First is on the corner)
- Jordan-Young Institute is first business building on left (the name is on the building)
- Our office is on the second floor
- Please note Dr. Horn & Dr. Levi's office is on the 1st floor Suite 140

FROM CHESAPEAKE

- Take Route 64 to Route 264 exit toward Virginia Beach.
- Take Newtown Road (Exit 15B- stay to the right when exiting)
- Left on Newtown Road. Go down three traffic lights.
- Right onto Cleveland Street (Patient First is on the corner)
- Jordan-Young Institute is first business building on left (the name is on the building)
- Our office is on the second floor
- Please note Dr. Horn & Dr. Levi's office is on the 1st floor Suite 140

FROM HAMPTON AND NEWPORT NEWS AREA

- Take 64 East
- Exit Newtown Road. (Exit 284B)
- Take Newtown Road (Exit 15B- stay to the right when exiting)
- Left on Newtown Road. Go down three traffic lights.
- Right onto Cleveland Street (Patient First is on the corner)
- Jordan-Young Institute is first business building on left (the name is on the building)
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MEDICAL QUESTIONNAIRE Dr. David Vincent

NAME______ BIRTH DATE ______ TODAY'S DATE_____ IF YOU HAVE BEEN SEEN BY DR. VINCENT BEFORE, PLEASE ANSWER THE FOLLOWING QUESTIONS:

- 1. DO YOU HAVE A NEW PROBLEM THAT WAS NOT EVALUATED AT YOUR LAST VISIT? Y N
- IF SO, WHAT IS IT?
- 2. HOW LONG HAS IT BEEN SINCE YOUR LAST VISIT (APPROXIMATELY)? _____ DAYS WEEKS MONTHS
- 3. SINCE YOUR LAST VISIT, ARE YOU: BETTER WORSE SAME
- 4. ON A SCALE OF 0-100%, HOW MUCH BETTER ARE YOU NOW? IF NO BETTER, PUT 0%.

ALL PATIENTS, PLEASE COMPLETE THE FOLLOWING:

1. WHAT IS THE QUALITY OF THE PAIN? SHARP DULL STABBING THROBBING ACHING BURNING

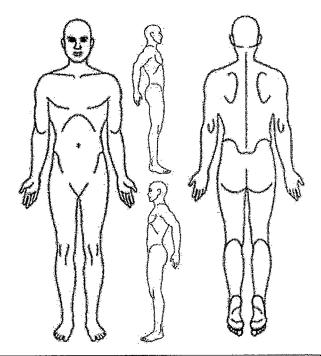
- 2. THE PAIN IS: CONSTANT COMES AND GOES
- 3. DOES IT WAKE YOU FROM SLEEP? Y N
- 4. DO YOU HAVE: NUMBNESS TINGLING WEAKNESS LOSS OF BOWEL OR BLADDER NONE
- 5. WHAT MEDICATIONS ARE YOU TAKING FOR THIS CONDITION? NONE

ANTI-INFLAMMATORY	 (NAME)
PAIN KILLER (NARCOTIC)	 (NAME)

6. INDICATE ANY PRIOR TREATMENT IN THE BOX BELOW: TREATMENT DID IT HELP?

ANTI-INFLAMMATORIES	Y	N
PHYSICAL THERAPY	Y	N
HOME EXERCISE PROGRAM	Ŷ	N
INJECTION	Y	N
SURGERY	Y	N

PLEASE DRAW THE LOCATION OF YOUR PAIN ON THE DIAGRAM. INCLUDE ANY RADIATION TO ARMS OR LEGS.



	HISTORY		
CIRCLE ANY PROBLEM AREAS AND DESCRIBE	ALLERGIES NERVES LUN	IGS EYES SKIN	
	STOMACH/BOWELS OTHER	R JOINTS DIABETES EARS PSYCHIATRIC	
	WEIGHT LOSS/FEVER HEAF	RT URINE ANEMIA	
DESCRIBE ANY PROBLEMS:			
ARE YOU PRESCRIBED ANY MEDICATIONS BY A	NY OTHER PHYSICIAN? Y	N	
DESCRIBE:			
HAVE YOU RECENTLY BEEN HOSPITALIZED? Y	N DESCRIBE:		
WHAT IS YOUR CURRENT JOB STATUS? REGUL	AR JOB LIGHT DUTY I	NOT WORKING DUE TO THIS CONDITION	
DO NO	WORK RETIRED		
DO YOU HAVE ANY QUESTIONS YOU WOULD LIKE THE DOCTOR TO ANSWER AT THIS VISIT?			
PATIENT SIGNATURE	MD/PA SIGNATURE	DATE	

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PATIENT HISTORY PLEASE BRING THIS COMPLETED FORM WITH YOU TO YOUR FIRST APPOINTMENT



PATIENT NAME				TODAY'S	DATE	
	LAST	FIRST	MIDDLE			
DATE OF BIRTH			AGE	Height	WEIGHT	
PRIMARY CARE PHY	SICIAN'S NAM	E/ADDRESS				
REFERRING PHYSIC	IAN'S NAME/AI	DDRESS				<u>,</u>
YOUR PRIMARY PRO	DBLEM/COMPL	AINT	·			
HOW LONG HAVE Y						
WHAT IS THE SEVER	RITY OF YOUR	PAIN (CIRCLE O	NE) NONE 1	2 3 4 5 6	7 8 9 10	Unbearable
IS YOUR PAIN:	IMPROVING	□ wo	RSENING		ESAME	
WHAT IMPROVES Y	OUR SYMPTON	IS OR MAKES T	HEM WORSE?			
IS THIS A WORKERS	RY OCCUR (SPC	orts, work, motof	R VEHICLE ACCIDE	:NT)?		·
WHERE DID THE INJ	IURY OCCUR?			DA	TE OF INJURY	
Have you had X-r. If yes, pi				RELATED TO THIS		S 🗆 NO
HAVE YOU BEEN EX IF YES, LI						
HAVE YOU BEEN TO IF YES, LI				AD SURGERY RELAT		
DO YOU SMOKE?	🗆 yes 🛛	NO IF YES, I	HOW OFTEN/H	IOW LONG:		
DO YOU DRINK ALC	OHOL? 🗆 Y	res 🗆 no	IF YES, HOW	/ MUCH/OFTEN:		
HAVE YOU EVER HA	AD A DRUG AD	DICTION?	YES 🗆 NC	IF YES, HOW LON	G AGO:	

CONTINUE TO BACK →



MEDICAL AND SURGICAL HISTORY

HAVE YOU EVER BEEN DIAGNOSED WITH:	YES	NO	LIST ANY OTHER MEDICAL CONDITIONS OR TREATMENTS BELOW:
DIABETES TYPE 1 OR TYPE 2			
HYPERTENSION			
ASTHMA			
KIDNEY DISEASE			
ULCERS			
GASTRITIS			
HEPATITIS			
HIV			
SEIZURES			
BLEEDING DISORDERS			
CANCER			
			· · · · · · · · · · · · · · · · · · ·

PLEASE LIST ANY PREVIOUS SURGERIES AND THE APPROXIMATE YEAR

SURGERY	YEAR	SURGERY	YEAR
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PLEASE LIST ALL MEDICATION ALLERGIES

MEDICATION	REACTION	

PLEASE LIST ALL MEDICATIONS (PRESCRIPTION AND OVER-THE-COUNTER) THAT YOU ARE CURRENTLY TAKING

MEDICATION	DOSE	FREQUENCY	
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	· · · · · · · · · · · · · · · · · · ·		· · ·

FAMILY HISTORY

PLEASE INDICATE THE HEALTH STATUS OF YOUR FAMILY MEMBERS			
MOTHER			
FATHER	🗆 ALIVE		
BROTHER	CI ALIVE	DECEASED	
SISTER		DECEASED	
CHILD			
CHILD		DECEASED	
RELATIVE	O ALIVE		
RELATIVE	a Alive		



REVIEW OF SYSTEMS

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CONS	STITUTIONAL		GEN	ITOURINARY	
Excessive Fatigue	Yes	No	Difficult Urination	Yes	No
Exercise Intolerance	Yes	No	Kidney stones	Yes	No
Chills	Yes	No	Frequency	Yes	No
Fever	Yes	No	Urgency	Yes	No
Unexpected weight loss	Yes	No	Flank pain	Yes	No
Unexpected weight gain	Yes	No	Bleeding	Yes	No
	EYES		Painful urination	Yes	No
Glaucoma	Yes	No	Bladder infection	Yes	No
Cataracts	Yes	No		SKIN	
Blurred/double vision	Yes	No	Lesion color change	Yes	No
Redness	Yes	No	Rash	Yes	No
Pain	Yes	No	Itching	Yes	No
	ENT		Redness	Yes	No
Infected or painful teeth	Yes	No	Skin changes	Yes	No
Headache	Yes	No	Poor healing	Yes	No
Difficulty swallowing	Yes	No		OLOGICAL	
Nose bleeds	Yes	No	Head injury	Yes	No
Ringing/Pain in ears	Yes	No	Seizures	Yes	No
	DIOVASCULA	۲ (Numbness/tingling	Yes	No
Chest pain	Yes	No	Stroke	Yes	No
Heart murmurs	Yes	No	Dizziness	Yes	No
High blood pressure	Yes	No	Tremors	Yes	No
Palpitations	Yes	No	HEMATOLOGIC		
Irregular pulse	Yes	No	Easy bleeding/bruising	Yes	No
Fainting	Yes	No	Blood clots	Yes	No
Vascular disease	Yes	No	Blood transfusion	Yes	No
RE	SPIRATORY		ENDOCRINE		
Asthma	Yes	No	Heat/cold intolerance	Yes	No
Snoring	Yes	No	Excessive thirst/urination	Yes	No
Cough	Yes	No	AL	LERGIC	
Pulmonary edema	Yes	No	Reaction to foods	Yes	No
Shortness of breath	Yes	No	Reaction to environment	Yes	No
Wheezing	Yes	No	PSY	CHIATRIC	
Pain with a deep breath	Yes	No	Nervousness	Yes	No
GAST	ROINTESTINA	L	Anxiety	Yes	No
Heartburn	Yes	No	Depression	Yes	No
Nausea	Yes	No	Hallucinations	Yes	No
Vomiting	Yes	No		· · · · · ·	_
Constipation	Yes	No			
Diarrhea	Yes	No			
Bloody/Tarry Stools	Yes	No			

Patient Signature

Patient Signature	Date
Reviewed with patient	
Physician Signature	Date

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